

# Special SKA-course

## Richard Amos Sensei 6. Dan Chefinstruktor WTKO

Thursday, 17th May till Sunday, 20th May 2012

for kids, youth and adults

### programm open for dojo instructors and assistants:

•09.30-11.30 am and 14.00-16.00 pm

-Thursday, 17/05/12:

-kata „Jitte“/“Hangetsu“ with bunkai and  
„progressive sequence of kihon“

-Friday, 18/05/12:

-kata „Sochin“/“tekki sandan“ with bunkai and  
„different forms of kumite“

•prices:

- 1 training € 40.- / 1 day € 70.- whole course ( 2 days) € 110.-

-whole course (4 days) € 160.-

### programm open for everybody:

-Saturday, 19/05/12:

-braun/black belts:

- morning class 11.00-12.00: kata Gojushiho Sho
- afternoon class 14.15-15.15: different forms of kumite

-white/blue belts:

- morning class 09.45-10.45: kata Enpi
- afternoon class 15.30-16.30: different forms of kumite

-Sunday, 20/05/12:

-braun/black belts:

- morning class 11.00-12.00: kata Gankaku
- afternoon class 14.15-15.15: „Richard-Special“

-white/blue belts:

- morning class 09.45-10.45: kata Tekki Shodan
- afternoon class 15.30-16.30: „Richard-Special“

•prices:

-adults & youth up 17 years: 1 training € 25.- / whole course (2 days) € 80.-

-kids & youth under 17 years: 1 training € 15.- / whole course (2 days) € 45.-

•location: dojo Kenseikan Thun, Tempelstrasse 20, CH-3608 Thun-Allmendingen

•information: Headquarters SKA – [thomas.hertig@skas.ch](mailto:thomas.hertig@skas.ch) – [www.skas.ch](http://www.skas.ch)

